

Shogun Traditional Shotokan Karate-Do Academy.

**Young Persons (Age 6yrs to 11yrs)
Exam for 9th Kyu to 4th Kyu**

空手道



Students Name:

Date:

Age:

Exam to be taken:

Shogun Traditional Shotokan Karate-Do Academy.

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1. Karate as an art named today (Empty Hand) from which country? (1 mark)

- a. Taiwan
- b. Japan
- c. Korea
- d. China
- e. Okinawa

2. What does the term *Gyakuzuki* mean?(1 mark)

- a. Front fist punch
- b. Elbow
- c. Reverse Punch
- d. Knee strike
- e. Back fist

3. List at least 4 reasons why *Kiai* is important (2 marks)

- 1.
- 2.
- 3.
- 4.

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4. What is the *Dojo Kun* of our school? (1 mark)

(What line is correct? First words from each line, three of the lines are wrong)

- a. Effort, Patience, Diligence, Rapport, Strive.
- b. Strive, Defend, , Foster, Honour, Guard.
- c. Effort, Patience, Moderation, Defend, Respect.
- d. Effort, Wisdom, Patience, Respect, Strive.

5. Name Belt colour's to Kyu /Grade/Rank 1 mark)

9th Kyu

8th Kyu

7th Kyu

6th Kyu

5th Kyu

4th Kyu

3rd Kyu

1st Dan

6. How do you count the number the number 4 in Japanese (1 mark)

- a. Go
- b. Shichi
- c. San
- d. Shi
- e. Chi

7. “Kara-Te” (Karate) is made of two kanji (Japanese characters). They are translated to: (1 mark)

- a. Zen Hand
- b. Empty foot
- c. Empty hand
- d. Zen fighting

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e. Empty mind

8. “Mushin” means: (1 mark)

- a. Empty hand or no hand
- b. Empty heart
- c. No soul
- d. No thought

9. “Yoko Geri” means which technique? (1 mark)

- a. Front Kick
- b. Back kick
- c. Side Kick
- d. Roundhouse Kick

10. What does the ‘Heian’ in the Kata series stand for? (1 mark)

- a. Water and Fire
- b. Earth and Air
- c. Peace and Tranquillity
- d. Strength and Speed

11. “Hajime” means what command? (1 mark)

- a. Stop
- b. Begin
- c. Once More
- d. Faster

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12. “Zenkutsu dachi” refers to which stance? (1 mark)

- a. Back Stance
- b. Horse Stance
- c. Short Stance
- d. Long Stance
- e. Front Stance

13. What is the meaning behind the Word “*Dojo* ”?
(2 marks)

14. Explain in one or two sentences the things you should do/say when you call the bow in (Call the class together to start) for a class (2 marks).

15. Explain in one or two sentences the things you should do/say when you call the bow out for a class (When the class finishes). (2 marks)

16. Name Five Karate stances used in Shotokan: Japanese name and English name. (2 Marks)

Important: Please read the below, or explain it to a Young Person!

To pass you need to get 80% of the questions correct and remember you could be verbally asked some of these questions in class. Just coping from the Internet is not much good in learning anything.

There are 16 Questions, with 21 possible Point's for correct answers.